

# Curriculum Vitae: Christof Loose

## Personal Details

Name: Christof Loose  
Year of Birth: 1966  
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## Education

Nurse Education:	1984 - 1987
High School:	1993 - 1996
University (Study):	1996 - 2000
University (Dr.):	2000 - 2005
Therapist Education:	2004 - 2009
Schema Therapy:	2009 - 2012

## Qualifications

Graduate Male Nurse:	1987
G.C.E. A-Level:	1996
Diploma in Psychology (Diplom-Psychologe)	2000
Doctor rerum naturalium (Dr. rer. nat.)	2005
Therapist for Children and Youth (CBT)	2009
Certificated Schema Therapist (ISST e.V.)	2012
Schema Therapist and Supervisor-trainer in Child- adolescent Schema Therapy (ISST e.V.):	2013

## Work Experience as Male Nurse

Training: Male Nurse in General Hospital:	1984 - 1987
Employment in Psychiatric Hospital as a Male Nurse (Indoor Clinic for Psychosis and other Severe Acute Psychiatric Disorders):	1987 - 1993

## **Work Experience as Psychologist**

During Study: Development and Performance of Programs for Prevention of Violence for Children in Primary School	1998 - 2001
Lectures, Seminars, Workshops all about Psychology, Upbringing, and Parental Training (eg ADHD)	since 2000
Clinical Psychologist (Employment in Praxis)	2004 - 2006
Clinical Psychologist in Charge (Therapeutic Leadership of an Indoor Psychiatric Ward for Children and Adolescents)	2005 - 2006 & 2008 - 2009
Building up an Outdoor Clinic for Children with Underachievement-Syndrome, Learning-, Reading-, and Spelling-Disabilities	2006 - 2012
Building up an Outdoor Clinic for Children with Autistic Spectrum Disorder	2009 - 2012
Clinical Psychologist in Charge (Therapeutic Leadership of a Day-Hospital's Psychiatric Ward for Children and Adolescents)	2011 - 2012
Schema- and modedriven CBT in Practice, In- and Outdoor Clinic, and Day-Hospital	Since 2004
Schema Therapy for Children and Adolescents (ST-CA) in my own Practice	Since 2010
Lectures, Seminars and Workshops in ST-CA	Since 2012
Research Assistant Post-doc (University)	2012-2017
Chair of the Working Group ST-CA (ISST e.V.)	2013 – 2017 / 2023-2025
Editor and Author of the various books about "Schema Therapy for Children & Adolescents"	Since 2013
Coordinator of ST-CA in Institute for Schema Therapy in Köln/Cologne (IST-K)	Since 2017
Honorary Life Member (ISST e.V.) <a href="https://schematherapysociety.org/Christof-Loose-Honorary-Life-Member-GMA-2024">https://schematherapysociety.org/Christof-Loose-Honorary-Life-Member-GMA-2024</a>	Since Oct 2024
Honorary President of Italian Society for ST-CA ( <a href="https://www.aistba.it/">https://www.aistba.it/</a> )	Since Oct 2025
ST-CA Specialty Coordinator & Chair of the Special Interest Group - Children & Adolescents (ISSTe.V.)	

Düsseldorf, July 11, 2025

*Christof Loose*