Curriculum Vitae: Christof Loose

Personal Details

Name: **Christof Loose**

Year of Birth: 1966 Nationality: German

Address: Centre for Schema Therapy Dusseldorf &

Private Praxis for Psychotherapy, Gerresheimer Landstraße 129 40627 Dusseldorf Germany

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| Nurse Education: | 1984 - 1987 |
|----------------------|-------------|
| High School: | 1993 - 1996 |
| University (Study): | 1996 - 2000 |
| University (Dr.): | 2000 - 2005 |
| Therapist Education: | 2004 - 2009 |
| Schema Therapy: | 2009 - 2012 |
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Qualifications

| Graduate Male Nurse: | 1987 |
|--|------|
| G.C.E. A-Level: | 1996 |
| Diploma in Psychology (Diplom-Psychologe) | 2000 |
| Doctor rerum naturalium (Dr. rer. nat.) | 2005 |
| Therapist for Children and Youth (CBT) | 2009 |
| Certificated Schema Therapist (ISST e.V.) | 2012 |
| Schema Therapist and Supervisor-trainer in Childadolescent Schema Therapy (ISST e.V.): | |

Work Experience as Male Nurse

Training: Male Nurse in General Hospital: 1984 - 1987

Employment in Psychiatric Hospital as a Male Nurse (Indoor Clinic for Psychosis and other Severe Acute

Psychiatric Disorders):

1987 - 1993

2013



Work Experience as Psychologist

| During Study: Development and Performance of Programs for Prevention of Violence for Children in Primary School | 1998 - 2001 |
|--|------------------------------|
| Lectures, Seminars, Workshops all about Psychology, Upbringing, and Parental Training (eg ADHD) | since 2000 |
| Clinical Psychologist (Employment in Praxis) | 2004 - 2006 |
| Clinical Psychologist in Charge (Therapeutic Leadership of an Indoor Psychiatric Ward for Children and Adolescents) | 2005 - 2006 & 2008 - 2009 |
| Building up an Outdoor Clinic for Children with Underachievement-Syndrome, Learning-, Reading-, and Spelling-Disabilities | 2006 - 2012 |
| Building up an Outdoor Clinic for Children with Autistic Spectrum Disorder | 2009 - 2012 |
| Clinical Psychologist in Charge (Therapeutic Leadership of a Day-Hospital's Psychiatric Ward for Children and Adolescents) | 2011 - 2012 |
| Schema- and modedriven CBT in Practice, In- and Outdoor Clinic, and Day-Hospital | Since 2004 |
| Schema Therapy for Children and Adolescents (ST-CA) in my own Practice | Since 2010 |
| Lectures, Seminars and Workshops in ST-CA | Since 2012 |
| Research Assistant Post-doc (University) | Since 2012 |
| Chair of the Working Group ST-CA (ISST e.V.) | 2013 - 2017 |
| Editor and Author of the various books about "Schema Therapy for Children & Adolescents. | Since 2013 |
| Coordinator of ST-CA in Institute for Schema Therapy in Cologne (IST-K) | Since 2017 |
| Chair of the Committee in CA (ISST e.V.) | Since Oct 2023 |

Düsseldorf, April 25, 2024