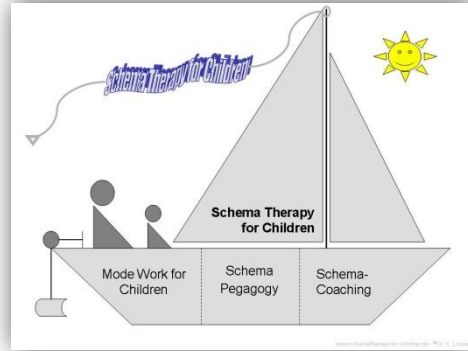


Ideas and Support:

The ideas and methods described are mainly based on the concept of Schema Therapy as it was developed by Dr. J. E. Young (e.g. Young et al., 2006; brief summary in Rafaeli et al., 2011; see also further information about Schema Therapy online www.schematherapy.com). However, they were modified to suit the needs of children.



Further inspiring ideas and therapeutic approaches came from Mr. Peter Graaf (Clinical Psychologist in Hamburg), who - in collaboration with Prof. Dr. H. Berbalk (Institute for Schematherapy in Eckernförde, Germany) - developed first a concept of schema therapy for children. I work in close exchange with Dr. Gerhard Zarbock (IVAH-Hamburg, advanced ISST-certified Schematherapist) and Mr. Peter Graaf.

This intervention has proven very valuable for the development of the program "Schema Therapy with Children and Adolescents". I am most grateful for this collaboration.

Moreover, I am very grateful to Mrs. Petra Baumann-Frankenberger who provided important help in the development of the ideas I will present in the following.

She gave excellent training at the Institut für Schematherapie Köln (Cologne, Germany) in the curricular ISST certified training program.

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